



THIS IS TO CERTIFY THAT
**CITY
ESSEX &**

**HAVE ACHIEVED MENTAL HEALTH GOLD MEMBERSHIP AND WILL COMMIT
TO THE PRINCIPLES OF THE MENTAL HEALTH CHARTER**

OUR COMPANY IS JOINING THE MENTAL HEALTH CHARTER AND PLEDGING TO :

- **PROVIDE AWARENESS OF MENTAL HEALTH PROVISIONS IN THE WORKPLACE**
- **UNDERSTAND THE IMPACT OF POOR MENTAL HEALTH ON OUR WORKFORCE**
- **PROMOTE POSITIVE MENTAL HEALTH THROUGH FACILITATED TRAINING, WITH THE AIMS OF REDUCING STIGMA AND DISCRIMINATION AND ENCOURAGING CONVERSATION IN THE WORKPLACE**
- **PROMOTE SERVICES PROVIDED BY THE MENTAL HEALTH CHARTER INCLUDING EAP, TRAINING, MENTAL HEALTH HUB APP, AND WEEKLY WELL-BEING EMAILS**
- **RECOGNISE MENTAL HEALTH TRAINING NEEDS AND IMPLEMENT TRAINING PROVIDED**



MEMBERSHIP START DATE: MAY 2024

MEMBERSHIP END DATE: MAY 2025

YEAR 2 OF MEMBERSHIP